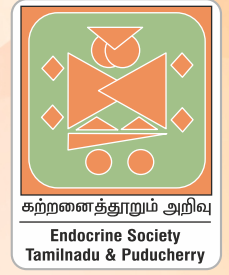


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2024



***Postgraduate & Young Doctors Endocrine & Diabetes Update
Endocrine Society of Tamilnadu & Puducherry (ESTN)***

**8th December 2024 | Sunday, 8am - 5pm
Hotel Green Park, Vadapalani, Chennai**

2 TNMC credit hours applied for / Poster presentations / Endocrine quiz



**CLICK HERE FOR
ONLINE REGISTRATION & ABSTRACT SUBMISSION**

REGISTRATION DETAILS

Post Graduates FREE / Practising Doctors Rs. 500/-



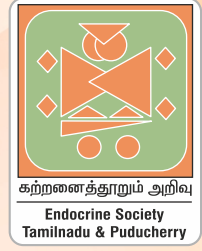
**SCAN FOR
REGISTRATION**

**Conference Secretariat: Dr S. Vijay Bhaskar Reddy
Vijay Diabetes & Endocrine Clinic, Puducherry**

☎ 75986 78215 ☉ estnendo@gmail.com 🌐 www.estn.co.in

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2024



Postgraduate & Young Doctors Endocrine & Diabetes Update ***Endocrine Society of Tamilnadu & Puducherry (ESTN)***

Dear Colleagues,

It is our proud pleasure to invite you to ENRICH 2024, Postgraduate and young doctors endocrine and diabetes update. ENRICH 2024 is being conducted by the Endocrine Society of Tamilnadu and Puducherry on 8th December 2024, Sunday, 8 am to 4 pm at Hotel Green Park, Chennai in a physical face-to-face format. This endocrine update is to address the clinical approaches, recent trends and advances in endocrine practice in an interactive format with lectures, case discussions, meet the professor sessions, workshops, panel discussions, clinico-radiopathologic correlation, poster presentations and quiz. ENRICH 2024 will generate considerable learning experience and interaction especially for postgraduates and young doctors. ENRICH 2023 offers an ideal opportunity for postgraduates to showcase their research projects, thesis and case reports related to endocrine disorders and diabetes in the form of poster presentations. We look forward to your esteemed presence and active participation, which should benefit the medical fraternity.

Best regards

President

Dr. Muthukumaran Jayapaul

Secretary

Dr. S. Vijay Bhaskar Reddy

Vice-Presidents

Dr. Suresh Damodharan | Dr. Jayashree Gopal

Treasurer

Dr. Dukhabandhu Naik

Executive Committee members:

**Dr. Nitin Kapoor | Dr. Usha Ayyagari | Dr. Warun Kumar | Dr. V. Kumaravel,
Dr. Shriram Mahadevan | Dr. S. Sridhar | Dr. Bharath Ramji | Dr. Geethalakshmi**

PROGRAM SCHEDULE | 08 - 12 - 2024 | SUNDAY

TIME	TOPIC	SPEAKER
8.00 am – 8.45 am	Registration	
8.45 am – 9.00 am	Inauguration & Welcome address	President, ESTN Dr. Muthukumaran Jayapaul
9.00 am – 9.40 am	Session Theme: Thyroid Chairpersons: Dr. S. Murthy, Dr. Arul Prakash	
9.00 am – 9.20 am	Interpretation of thyroid function test	Dr. Vidhya Jahagirdar
9.20 am – 10.00 am	Panel discussion: Management of Graves' disease Moderator: Dr. R M Manikandan	Panelists: Dr. PG Sundararaman Dr. Jayashree Gopal Dr. Sivan Arul Selvan
10.00 am -11.00 am	Session Theme: Clinicoradiopathologic correlation & Genetics in Endocrinology Chairpersons: Dr. P. Velayudham, Dr. G. Shanmugasundar	
10.00 am - 10.30 am	CPC: Pituitary Case: SRMC Team	Dr. Shriraam Mahadevan
10.30 am - 11.00 am	Genes beyond the blue ones: Clinical endocrine cases in genetics	Dr. Nihal Thomas
11.00 am - 11.20 am	TEA BREAK	
11.20am - 12.20pm	Session theme: Diabetes Chairpersons: Dr. JS Kumar, Dr. S. Sridhar, Chennai	
11.20am – 11.40am	Remission in diabetes	Dr. Krishna G Seshadri
11.40am-12.00pm	Insulin for type 2 diabetes: Why, When, What, How?	Dr. Sruthi Chandrasekaran
12.00pm - 12.20pm	Emergencies in diabetes: DKA & HHS, Hypoglycemia	Dr. Adlyne Reena Asirvatham
12.20 pm - 1.00 pm	Session Theme: Reproductive Endocrinology Chairpersons: Dr. Usha Ayyagari, Dr. Suresh Damodharan	
12.20 pm - 12.40 pm	PCOS: Current Concepts	Dr. Usha Sriram
12.40 pm - 1.00 pm	Approach to gynecomastia	Dr. S. Sridhar
1.00 pm - 2.00 pm	LUNCH POSTER PRESENTATIONS	

PROGRAM SCHEDULE | 08 - 12 - 2024 | SUNDAY

TIME	TOPIC	SPEAKER
2.00 pm - 2.40 pm	Session Theme: Clinical Case Seminar Chairpersons: Dr. Padma, Dr. Palaniappen	
2.00 pm - 2.20 pm	Endocrine hypertension	Dr. Remya Rajan
2.20 pm - 2.40 pm	Approach to suspected Cushing's syndrome	Dr. Rameez Raja
2.40 pm - 3.20 pm	Session Theme: Endocrine Diagnostics Chairpersons: Dr. S. Chandrasekar, Dr. Ghurulakshmi Moorthy	
2.40 pm - 2.50 pm	eGFR estimation	Dr. Felix Jebasingh
2.50 pm - 3.00 pm	Ambulatory glucose profile monitoring	Dr. NK Narayanan
3.00 pm - 3.10 pm	DXA interpretation	Dr. Kripa Elizabeth Cherian
3.10 pm - 3.20 pm	Discussion	
3.20 pm - 4.00 pm	Session Theme: New & Upcoming drugs: 10 min Takeaways Chairpersons: Dr. Vengadakrishnan, Dr. Rajesh Rajendran	
3.20 pm - 3.30 pm	Newer mineralocorticoid receptor antagonist: Finerenone	Dr. Jayaprakash Sahoo
3.30 pm - 3.40 pm	Newer GLP-1 receptor agonists: Tirzepatide	Dr. Raghuraman
3.40 pm - 3.50 pm	Newer anti-osteoporotic drug: Romosumab	Dr. Suresh Prabu
3.50 pm - 4.00 pm	Discussion	
4.00 pm - 4.30 pm	ENDOCRINE QUIZ Quizmasters: Dr. Nivethitha Karthika, Dr. Warun Kumar	
4.30 pm	VALEDICTORY FUNCTION HIGH TEA	

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2024



Postgraduate & Young Doctors Endocrine & Diabetes Update
Endocrine Society of Tamilnadu & Puducherry (ESTN)

REGISTRATION DETAILS

Post Graduates FREE | ESTN members FREE | Practising Doctors Rs. 500/-

Payment should be made in favour of
“The Endocrine society” Payable at Puducherry.

Name: THE ENDOCRINE SOCIETY
Pay Directly to: endocrinesociety@indianbk



NEFT Transfer

Bank Name : Indian Bank
Current Account: 6233468324
IFSC Code: IDIB000R076

Please send your Cheque / Demand Draft to the following address:

Conference Secretariat: Dr S. Vijay Bhaskar Reddy
Vijay Diabetes & Endocrine Clinic, Puducherry

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