# TRENDO 2025

13<sup>th</sup> Annual Conference of Endocrine Society Of Tamil Nadu and Puducherry

 $27^{th}$  Fri June, 2025 | 4.30 pm to 8.30 pm

Venue: ITC Grand Chola, Chennai



**OBESITY - ALL YOU NEED TO KNOW IN 2025** 

AN ESTN INITIATIVE







# The Endocrine Society of Tamilnadu and Puducherry



take pleasure in inviting you to the symposium on

## **OBESITY - ALL YOU NEED TO KNOW IN 2025**

as part of the

13th Annual meeting of the Endocrine Society

of Tamilnadu and Puducherry on June 27<sup>th</sup> 2025 at

ITC Grand Chola, Chennai.

The Symposium is designed to address the newer aspects of pathogenesis

and management of Obesity

Separate Registration for the symposium is mandatory

**Dr. Muthukumaran Jayapaul**Organizing Secretary

**Dr. Krishna G Seshadri**Organizing Chairperson

Dr. N.K. Narayanan Dr. Sruthi Chandrasekaran

Joint- Secretaries

# TRENDO 2025

### PRE-CONFERENCE SYMPOSIUM

Date: Friday 27<sup>th</sup> June 2025 Time: 04.30 to 08.30 pm

### **OBESITY - ALL YOU NEED TO KNOW IN 2025**

Time	Торіс	Speaker	Moderator
16:30 to 17.00	Registration & Welcome		
17.00 to 17.20	Definition and diagnostic criteria of clinical obesity	Dr. Krishna G Seshadri	Dr. S. Murthy, Dr. Kumaravel.V
17.20 to 17.40	Thin fat Indian - Abnormal handling of energy intake and obesity risk?	Dr. Muthukumaran Jayapaul	
17.40 to 18.00	Adipose Tissue Re-Education: New Insights into Adipose Tissue Function	Dr. R.M. Manikandan	
18.00 to 18.10	Discussion		
18.10 to 18.30	Introduction of body composition analysis and Nuances of Fat estimation	Dr. N. K. Narayanan	Dr. Jayashree Gopal Dr. Suresh Damodharan
18.30 to 18.50	Managing Disordered Eating in the Context of Obesity Care	Dr. Usha Ayyagari	
18.50 to 19.10	Precision Exercise Interventions for Persons with Obesity	Dr. Sruthi Chandrasekar	
19.10 to 19.20	Discussion		
19.20 to 19.40	Metabolic Surgery: Latest Advances and Outcomes	Dr. Rajkumar Palaniappan	Dr. Bharath. R Dr. Periandavar
19.40 to 20.00	Pharmacotherapy for Obesity: Current and Emerging Treatments	Dr. Vijayabhaskar Reddy	
20.00 to 20.20 20.20 to 20.30	Surmounting Obesity with Tirzepatide Discussion & Close followed by Dinner	Dr. Nitin Kapoor	

<sup>\*</sup> Registration is free but limited. Hence pre-registration to the workshop is mandatory.

#### Conference secretariat:

Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri Nagar, Adyar, Chennai - 600 020.

Mobile: +91 94980 41000 Email: trendo2025@gmail.com



Venue: ITC Grand Chola

### The Endocrine Society - Tamil Nadu and Puducherry

The Endocrine Society of Tamil Nadu and Puducherry was formed in 2013 with a view to spreed awareness about the specialty to the public and to fulfill the need for a state level organization for the specialty. The aim of the Society is to unite all practicing physician endocrinologists qualified and trained or otherwise interested to work for the cause of Endocrinology and subjects with Endocrine disorders. The other aims are to propagate recent developments in the endocrine science through periodic conduct of conferences and publish journals, newsletters or guidelines. To publish books for lay public, under and post graduate medical students and others.



**TRENDO 2025** will also represent the 13<sup>th</sup> Annual meeting of the Endocrine Society of Tamil Nadu and Puducherry. It is conducted with a view to spread up to date evidence based knowledge in Endocrinology & Diabetes to Physicians, specialists with allied interest such as Gynecologists and Pediatricians and general practitioners.

#### **Memberships & Subscriptions**

**Full membership -** Physician with a post graduate qualification in Endocrinology and/or trained in Endocrinology - Life membership Rs. 10,000/- only, entry fee Rs.1000/-

**Associate members -** Physicians and Basic scientists who do not meet the above requirements but are interested in Endocrinology Rs.10,000/- only as life membership & entry fee Rs.1000/-

**Student members** - Medical and Basic science students undergoing post-graduate courses in Endocrine or other related sciences Rs.3000/- for the period of current studentship with an entry fee Rs.250/- only

**Corporate membership** - Institutions and industries interested in the advancement of Endocrinology - Rs.1,00,000/- only with an entry fee of Rs.1000/- only (One time)

#### **Current Office - Bearers**

President: Dr. Muthukumaran Jayapaul

Vice Presidents: Dr. Jayashree Gopal

Dr. Suresh Damodharan

Secretary : Dr. Vijaya Bhaskar Reddy
Treasurer : Dr. Dukhabandhu Naik

EC Members:Dr. Sridhar SDr. KumaravelDr. Warun KumarDr. Shriraam MahadevanDr. Geethalakshmi

Dr. Bharath R Dr. Nitin Kapoor
Dr. Usha Ayyagari Dr. Jayaprakash Sahoo

For enquiries regarding
The Endocrine Society Tamil Nadu and Puducherry

Contact: Dr. Vijaya Bhaskar Reddy E-mail: estnendo@gmail.com

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# You are invited!

Conference secretariat

Arka Center for Hormonal Health Pvt Ltd

5/2, First Avenue, Sastri nagar, Adyar

Chennai - 600 020.

Mobile: +91 94980 41000 Email: trendo2025@gmail.com Website: www.estn.co.in

### TRENDO 2025 – OBESITY SYMPOSIUM ONLY

#### **REGISTRATION FORM**

Registration No:	Receipt No:	
PERSONAL DETAILS:		(Please fill in CAPITAL LETTERS only )
Full Name:		Gender : Male Female
Address:		
	City:	Pin Code:
Institution/Company:		
Phone No :	Mobile No	<u>.                                    </u>
Email:		
Conference Secretariat Arka Center for Hormonal Health Pvt Ltd 5/2, First Avenue, Sastri Nagar, Adyar, Chennai —	600 020	Signature & Stamp
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Registration No:	Receipt No:	
PERSONAL DETAILS:		(Please fill in CAPITAL LETTERS only )
Full Name:		Gender : Male Female
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	City:	Pin Code:
Institution/Company:		
Phone No:	Mobile No	:
Email:		
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